

HERODS

Dead Sea



Treatments
Menu

“Herod’s Dead Sea”, a luxurious spa hotel at the Dead Sea, offers its guests an unforgettable experience of relaxation, tranquility and pampering.
The Spa offers a wide range of body treatments, massages and facials.
Begin your experience at the spa facilities - heated seawater pool, Jacuzzi, saunas, and then enjoy the treatment of your choice.
The spa staff will be happy to advise and help in choosing the most appropriate treatment for you.

Massages Treatments

Harmony

Treatment that combines a back massage, reflexology, face massage and pouring hot oil on the forehead to complete the experience. Tranquility, pampering and serenity combined in one treatment.

70 minutes NIS 440

Hot Stones

A pampering treatment experience inspired by the ancient Indian tradition, which combines a massage using hands and hot stones.

70 minutes NIS 440

Combination Massage

Treatment that works on all the senses and combines different massage techniques in a tranquil atmosphere.

70 minutes NIS 440 50 minutes NIS 360

Deep Tissue Massage

Deep and focused treatment to relax muscles and stress points in various areas on the body.

70 minutes NIS 440 50 minutes NIS 360

Medical Massage

Massage method that places an emphasis on the physical layer and helps relieve pain, relax muscles, improve range of motion and improve general feeling.

70 minutes NIS 430 50 minutes NIS 360 30 minutes NIS 290

Lomi Lomi

Rhythmic energizing massage during which the masseuse works primarily with his forearms using circular flowing motions

50 minutes NIS 330

Swedish Massage

Basic classic massage that helps relax muscles and improve blood circulation, leaving you with a feeling of tranquility and serenity.

70 minutes NIS 390 50 minutes NIS 310

Anti-stress Extremity Massage

Soothing massage that relieves the stress that has accumulated in the muscles in the body’s extremities - the hands, feet and head.

50 minutes NIS 330 30 minutes NIS 230

Back Neck and Shoulder Massage

Attention focused on the upper body.

30 minutes NIS 210

Massage for Pregnant Women

Gentle massage for pregnant women (from 18 weeks) that relieves symptoms, such as a heaviness and swelling.

50 minutes NIS 360

Reflexology

Treatment method that features pressure on specific points in the client’s feet, for balance and relaxation.

50 minutes NIS 320 30 minutes NIS 230

From the Far East

Ayurveda

Traditional treatment method that includes application of hot oil on the entire body and on the forehead.

70 minutes NIS 440

Abhyanga

A treatment experience inspired by Indian tradition, which includes application of hot sesame oil on the entire body in long gentle motions.

50 minutes NIS 330

Shirudhara

Massage for the face and head inspired by the Aryvedian tradition, which includes the application of sesame oil on the third eye.

30 minutes NIS 210

Thai Massage

Traditional Thai treatment method that combines slow stretching and pressure, using a mattress and light comfortable clothing.

70 minutes NIS 410

Thai Massage with Oil

Treatment based on the traditional Yoga technique that combines a massage with hot oil and focuses on stretching and slow pressure.

50 minutes NIS 360

Shiatsu

Ancient Eastern tradition that combines physical and energetic work, including pressure along the body.

50 minutes NIS 340

Turkish Hamam

Traditional Turkish Hamam in a marble tiled room at a particularly high temperature, with warm platform on which the treatment is conducted.

Kese

Traditional Turkish peeling, cleansing and polishing of the body in an authentic Hamam and scrubbing with soap that increases blood flow. During the treatment, hot and water is dripped on the body, alternately, leaving the body feeling clean and the muscles relaxed.

25 minutes NIS 290

Turkish Massage

Strong invigorating massage to improve blood flow and relax muscles.

25 minutes NIS 290

Peeling, Body Wraps

Salt Peeling

This treatment helps open pores, removes dead cells and improves blood circulation. Leaves you with a feeling of freshness, rejuvenation and cleanliness.

40 minutes NIS 260 60 minutes including moisture penetration NIS 320

Coffee Peeling

Coffee, an active antioxidant, absorbs fluids and leaves your skin lustrous, helps the anti-aging process and effectively treats cellulite.

40 minutes NIS 330

Chocolate Wrap

The chocolate body wrap includes vitamins and minerals that help release your body's endorphins that are responsible for a feeling of spiritual elevation and a good mood.

40 minutes NIS 340

Mud Wrap

A warm mud wrap, rich in minerals that help reduce joint pain and improve general relaxation.

20 minutes NIS 200 Mud wrap with seaweed 20 minutes NIS 290

Seaweed Wrap

The body is wrapped in seaweed that is rich in minerals. The treatment helps with skin cell regeneration, balance the skin's moisture and elasticity.

20 minutes NIS 260

Aloe Vera

The body is wrapped in Aloe Vera extract designed to heal wounds, treat burns and relieve pain.

20 minutes NIS 200

Water Treatments

Hydrotherapy Bath

Water therapy designed to strengthen, maintain and improve the health of your body and soul.

20 minutes NIS 140

Sulfur

The sulfur pool helps the body restore its tissue, fights skin irritations such as allergic inflammations and eczemas and strengthens nails and hair. The water is hot, which helps heal the body and relieve muscle pain.

20 minutes NIS 60

Special Treatment Packages

Honey Wrap (Anti-cellulite Treatment)

The honey wrap is designed to leave your skin looking particularly lustrous, with increased elasticity and flexibility (recommended for orange skin). The treatment is followed by a 30-minute anti-cellulite massage that reaches the deep fat layers, improves the metabolism of the skin and the subcutaneous tissue and significantly improves the body's blood flow.

60 minutes NIS 480

Chocolate Espresso

Begins with a 40-minute massage followed by a fresh coffee peeling to effectively cleanse and rejuvenate your skin and increase its metabolism. The chocolate wrap replenishes your skin and relaxes your muscles.

90 minutes NIS 640

Anti-Psoriasis Treatment

Treatment combines a gentle gel peeling, seaweed wrap, scalp massage with sesame oil enriched with minerals and topped off by moisture penetrating treatment.

50 minutes NIS 510

Lymphatic Drainage

Treatment begins with a seaweed wrap rich in minerals. The wrap is recommended before the 20-minute lymphatic massage to balance moisture and elasticity of the skin. This is followed by a 50-minute gentle hand massage that works on the lymphatic system, and is designed to relieve and accelerate the lymph fluid flow.

70 minutes NIS 590

Individual Pampering Packages

Relaxation

The body is scrubbed with a glove and warm towel for 20 minutes, followed by a 50-minute Swedish massage with hot oil, and finally a Jacuzzi bath with oils for 15 minutes.

NIS 550

Renewal

20-minute salt peeling, 70-minute hot stone or Ayurveda massage, followed by a 15-minute Jacuzzi bath with oils.

NIS 660

Couples Treatment Package

A pampering package for couples in a romantic atmosphere with champagne and fruit.

The Sunrise

A 70-minute classic Swedish massage, followed by a 30-minutes Jacuzzi bath with oils.

NIS 960

Magical Experience

20-minute body peeling, followed by a 50-minute aromatic massage with hot oil and finally a 20-minute body scrub with glove and hot towel. Complete the experience with a 30-minute hot Jacuzzi bath with oils.

NIS 1,300

Kasmara Facial Treatments

Classic Facial for all skin types

Treatment includes an initial cleansing of the skin, massage and penetration of an ampoule with an active ingredient to suit your skin type and condition and finally, a cold active seaweed mask.

50 minutes NIS 300

Combined Treatment for Face, Eyes and Neck

A professional facial treatment experience, which includes the eyes, face and neck. This extensive treatment features a cleansing and massage, a nourishing soy-based mask for the face and neck and a wild berry mask for the eyes to remove black circles, puffiness and darkness around the eyes. This treatment rejuvenates, nourishes and improves the firmness of the face and neck leaving the skin lustrous and silky.

50 minutes NIS 470

GOJI - The Tibetan Secret - Pure and Pampering Experiential Treatment from the Himalaya Mountains

Powerful antioxidant treatment based on the GOJI fruit extract from the Himalaya Mountains, with additional natural ingredients that were grown on an ecological farm using state-of-the-art technology. This treatment is suitable for both men and women of all ages and with all skin types, especially with skin with the initial stages of premature aging, including wrinkles, expression lines, pigmentation spots and light sagging of the skin. This is a very experiential treatment with a soothing massage and refreshing aromatic red mask.

50 minutes NIS 360

Intensive Q10 - Energetic, nourishing and invigorating treatment

Nourishing treatment for dry and wrinkled skin with signs of premature aging as a result of exposure to the sun and the other elements. This treatment provides energy to your cells and helps treat dry skin that lacks luster and shine. The treatment smoothes wrinkles and improves the skin's external protection layer.

50 minutes NIS 360

ShineStop - Purifying treatment for oily and combination skin

Advanced antiseptic facial treatment to purify and cleanse oily skin. This professional treatment helps balance the sebaceous glands and reduces excess shine. The treatment is optimal for people suffering from seborrhea or problematic skin. It includes deep cleansing if needed. Treatment concludes with a cold antiseptic black mask that soothes and refreshes.

70 minutes NIS 430

RGnerin - Facial Treatment to Firm the Facial Skin

An innovative facial treatment with a stretching and anti-aging effect to prevent and reduce wrinkles and laugh lines. This treatment combines luxurious peeling to effectively remove dead cells and regenerate new cells. It protects the skin and leaves it feeling firm and lustrous.

50 minutes NIS 450

Please Note:

- Prices quoted in Israeli Shekels (NIS)
- Entry to the spa from age 16 and over.
- Please arrive to Spa Reception 15 minutes before treatment in order to arrange payment.
- Please arrive for your treatment in robe and slippers; for Shiatsu and Thai Massage, in light and comfortable clothing.
- Please make sure to arrive for your treatment on time. If you are late, the duration of your treatment will be shortened accordingly.
- Changing the time or type of treatment is possible, up to four hours before treatment.
- Cancellation on day of treatment will incur a charge of 50% of the amount. Failure to arrive without notice, will incur a 100% charge.
- Guests reserving a spa treatment are entitled to enjoy all the spa facilities one hour before treatment.
- If the treatment cannot be provided due to a medical condition, a substitute treatment will be given.
- Herod's Hotel reserves the right to make changes to both the treatment menu and price list at any time.
- No double discounts.

Regards,

The Spa Staff

Herod's Hotel Dead Sea - Dead Sea.

For reservations call: 08-6591558/9



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